



Learning Workbook

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Introduction

Background

From Guaranteed 4.0 Learning System to



- Chapter 1 The Importance of God's Written Word and His Voice
- Chapter 2 Reading the Bible and Understanding His Heart
- Chapter 3 Retaining God's Word: Using 3, 60, 24, 7 to Your Advantage
- Chapter 4 Listening for His Voice in Messages
- Chapter 5 Capturing Powerful Life Lessons
- Chapter 6 A Secret Weapon to Stay Organized
- Chapter 7 Conclusion: From Glory to Glory



Chapter 1:

The Importance of God's Written Word and His Voice

As believers

- God speaks to us
 - Through our _____ with Him.

Abundant life and intimacy with God

- Developed and nurtured
- As we spend _____ & _____ time with Him
 - In prayer, Bible study, worship & hearing the preaching/teaching of the Word of God.

Two primary Greek words that describe Scripture

Translated in the New Testament as "Word"

_____ = **complete inspired written Word of God**

- with Jesus = living *logos* (John 1:1).

_____ = **utterance or spoken word**

- Holy Spirit brings to your attention
- Applying it to your personal situation
- Holy Spirit = an _____
 - speaks a word directly from God to your spirit
 - giving you supernatural understanding

3 types of *rhema* words:

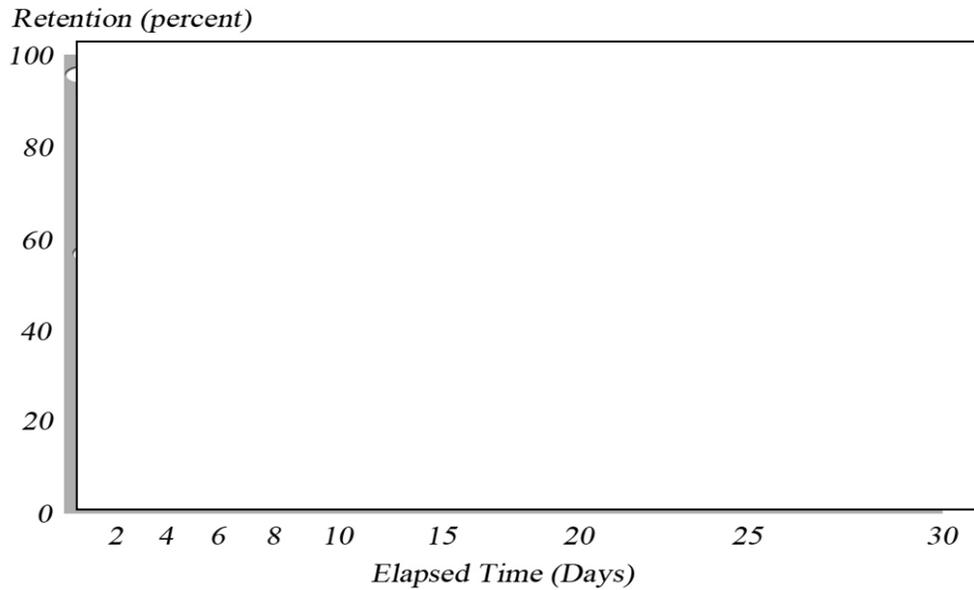
- A " _____ " word
 - ◆ Specific for your current circumstance
- A " _____ " word
 - ◆ Reveals something new or enhances previous understanding
- A " _____ " word
 - ◆ An *ouch* word



Ultimate Goal of

- Getting and _____ the direction that God gives;
- & _____ that word to our lives so we will be transformed by it

Please sketch the **Real Forgetting Curve** below



Source: Hermann Ebbinghaus, *Memory: A Contribution to Experimental Psychology*, 1885/1913

20 minutes following your Bible reading or listening to a message

- forgotten _____% of content
- After nine hours, forgotten **over** _____ %

Rule of Thumb for Learning

- _____ Seconds
- _____ Minutes
- _____ Hours
- _____ Days



REMEMBER THE
RHEMA!

Chapter 2:

Reading the Bible and Understanding His Heart

Bullet Point Scripture Reading (BPSR)

Step One – _____

Step Two – _____

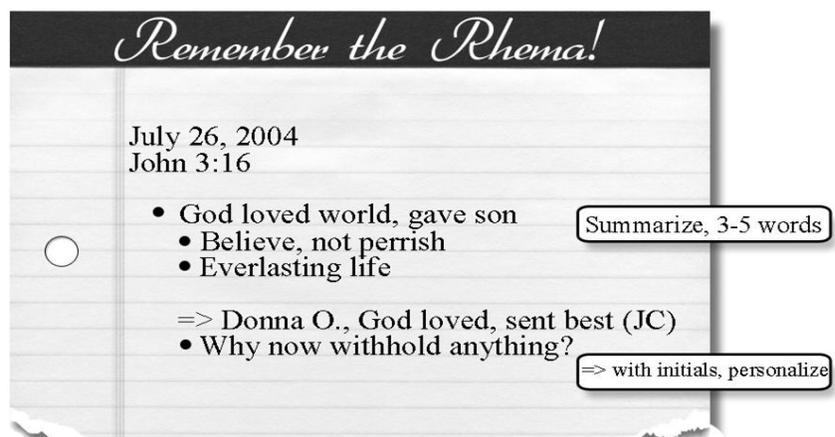
Step Three – _____

Bullet Point Scripture Reading (BPSR) in Detail

- Continue Reading
 - _____ only when verse speaks
- Summarize, _____ keywords
 - On a _____ paper/document
 - BP ~~≠~~ complete sentence
 - my own words
- Personalize, _____ words
 - Draw _____ with initials/name after
 - What passage speaks to me?
 - What comes to mind?
 - How relates to prior reading?

Donna O.'s Personal BPSR Example: John 3:16

" For God so loved the world, that He gave His only begotten Son, that whoever believes in Him should not perish, but have eternal life." (John 3:16)



BPSR only when

Another BPSR Example – Galatians 3:1

Galatians 3:1:

"You foolish Galatians, who has bewitched you, before whose eyes Jesus Christ was publicly portrayed as crucified?"

Remember the Rhema!

Galatians 3:1

- • Who bewitched you Summarize - BP scripture
 - Silly, thoughtless, unreflecting Galatians
 - JC crucified before your eyes

- ⇒ Donna O., who played you?
 - Seen it all! ⇒ with initials, personalize
 - Known JC, Savior, Lord
 - Experienced power of Holy Spirit

- ⇒ Donna O., Who are you?? ⇒ with initials, personalize
 - I am a knower
 - Then rule + Do it!
 - Walk in faith

Why limit my BPSR to three to five words?

Fundamentals of Bullet Points (BPs)

- *BPs Not complete sentences*

- *Only understood by you*
→ Use _____ & drawings

- *Provides “_____” format*
 - *Review easily & repeatedly*
 - *Remember more readily*

Remember BPSR Purpose

- *Understanding/retaining key concepts*
 - _____ “perfect” BP
 - *Don’t BP every scripture*
 - *Don’t understand?*
 - *Do quick BPSR → research later*

- **Sub Bullet Points (Sub BPs)**
 - Use regular BP as heading
 - Related information sub BP below
 - Multiple sub bullet points = _____

- **Sub BPs**
 - Less than five words
 - Are _____
 - _____

- **BP more than 5 words?**
 - Ask, need this word?
 - _____ unnecessary words

- **Use symbols or abbreviations**
 - & * % ; ≠ - ± ≤ = / :
 - w/o gov't vs. mtguniv.

Exercises 2.1

Practice BPSR on the following 3 verses

Psalm 18 (New American Standard Bible)
The LORD Praised for Giving Deliverance.

1 "I love You, O LORD, my strength."

2 The LORD is my [b]rock and my fortress and my deliverer,
My God, my rock, in whom I take refuge;
My shield and the horn of my salvation, my stronghold.

3 I call upon the LORD, who is worthy to be praised,
And I am saved from my enemies.

Exercise 2.2

First: pick a favorite passage of scripture of your own (two-three verses would be good for this first attempt at bullet pointing). Write your scripture reference below.

Next, go through the BPSR process for your selected passage of scripture.
(Don't forget to skip a line between your regular BPs.)



REMEMBER THE RHEMA! Chapter 3:

Retaining God’s Word Using 3, 60, 24, 7 to Your Advantage

Reviewing your BPSR

- “End, Beginning, Review”
 - _____ of first significant section
 - Go to the _____
 - _____ all BPs you created
- Don’t re-read the actual scriptures
 - Summarization step helps you remember

Remember the *Rhema!* principle

- Repetition over period of time
→ _____ memory

Three Benefits of BPSR

- Helps you pay attention
- Info → own words
- Short/Concise Format
 - Reviewed Repeatedly (Brain friendly)
 - 1 chunk, _____

3, 60, 24, 7 Rule

BPSR, Step-1: summarize	3 seconds
End, Beginning, Review	60 minutes
• Review BPSR end chapter/section	
Review BPSR next day	24 hours
Review BPSR during weekly checkup	7 days



REMEMBER THE RHEMA! Chapter 4

Listening for His Voice in Messages

Take Accurate Notes on Pastor's Sermons

- _____ First
- _____ key point
- _____ it down

As you listen to the message, make notes on:

- 1) The _____ theme
- 2) _____ of each of the main points
- 3) Different examples
 - Q: "Which main point does it support?"
 - Won't mistake them as separate ideas.
- 4) Any _____ words
 - speak specifically to your personal situation

Previous BPSRs= _____

- Process information quicker
- Easily focus on key sermon points
- Enhance understanding of message
- Increase ability to hear rhema word

Bullet Point _____ (BPN)

- _____ after church
 - Fight the forgetting curve!
- **On separate sheet of paper**
 - Continue reading, Stop,
 - Summarize, 3-5 key words
 - Personalize, 3-5 key words
- End, Beginning, Review

Remember the Rhema!

BPN-August 14, 2011 "Sermon Title" by Rev. ABC

- Summarize BP from sermon notes (p.1)
- Summarize BP from sermon notes (p.1)
- Personalize => initials
- Personalize => initials
- Summarize BP from sermon notes (p.2)
- Summarize BP from sermon notes (p.2)
 - Use sub BP in necessary
 - Use sub BP in necessary
- Personalize => initials
- Personalize => initials
- Summarize BP from sermon notes (p.3)
 - Use sub BP in necessary
 - Use sub BP in necessary

End, Beginning, Review

Personalize & apply based on what you heard that related to your personal life.

Don't BPN _____ the sermon

- Use your normal note-taking style
 - ◆ Remember "accurate note" definition
 - ◆ Listen, understand & then write

- Do BPNs _____

BPN ≠ simple rewrite of notes

- BPN on
 - _____
 - 1-2 examples to refresh memory

Don't personalize _____

- Some info = just factual.
- Personalize only when relevant
 - ◆ What God brought to your attention
 - ◆ Fresh insight on BPSR/BPNs



REMEMBER THE RHEMA! Chapter 5

Capturing Powerful Life Lessons

Bullet Point _____ (BPC)

- 3-5 word summary
- Significant experience with God
- A life lesson, “Aha” moment

BPC answers the question

- _____
 - Through this experience, season, moment

Don't look hard for BPCs

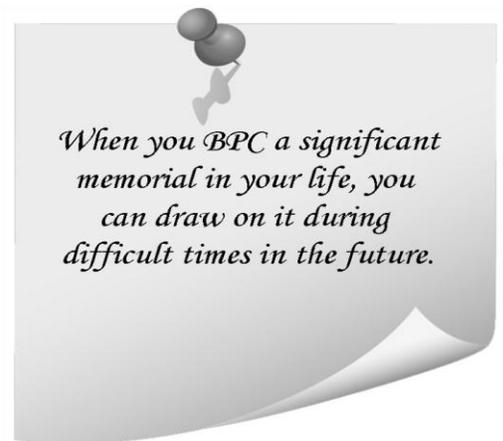
- God will speak to you
 - Through life circumstances
 - Well able to communicate
- Our job: _____

BPCs = _____

- Not mean anything to others
- Memorial of what God did
- Example: “my money”, “13,000”

Important to review BPCs periodically

- _____
- Understanding what God taught us
 - At earlier time in life
 - Encouragement in other seasons



Exercise 5

Think back on two or three of your significant life experiences.

- Practice doing BPCs on each of those experiences.



REMEMBER THE RHEMA! Chapter 6

A Secret Weapon to Stay Organized

Bullet Point _____

- Keep all your bullet points
 - In one notebook → easy reference
 - Take it with you always
- Organize & review BPs
 - Bullet Point Scripture Reading (BPSR)
 - Bullet Point Notes (BPN)
 - Bullet Point Concepts (BPC)

Creating a Rhythm of Learning and Hearing His Voice – Making it Work for You!



Difficulty concentrating in quiet time?

- Establish _____ time and place
 - Pre-conditioning body to study efficiently
 - Hear God more effectively
 - Create Bible study habit

My Consistent Time

My Consistent Place



Daily	<ul style="list-style-type: none">• Review previous BPSR• BPSR from personal Bible study• BPC as needed
Day before a Bible class at church (i.e. Sunday school or Christian living classes)	<ul style="list-style-type: none">• BPSR to prepare for the Bible class<ul style="list-style-type: none">○ Especially if there are reading assignments• Review BPN from sermons<ul style="list-style-type: none">○ if classes are related to the sermon
Day before church service	<ul style="list-style-type: none">• Review BPN from last church service
Day of church service or Bible class	<ul style="list-style-type: none">• Take accurate notes during sermon/Bible class• Do BPN immediately after service or class

Chapter 6 Exercises

Exercise 6.1

Purchase an appropriate three-ring binder and tabs, and assemble your BP notebook.

- Don't delay; make it your goal to have your notebook purchased and assembled within the next 48 hours.

Exercise 6.2

File your BPN from the exercises in Chapter 4 and your BPC from Chapter 5 into your BP notebook.

Exercise 6.3

Create a basic weekly schedule for your BPSR and BPN.

- Note: You do not need to create a schedule for BPC. Do them as needed.

<i>Day of Week</i>	<i>BPSR and BPN Schedule</i>
Sunday	
Monday	
Tuesday	
Wednesday	
Thursday	
Friday	
Saturday	